



**MENNONITE COLLEGE OF NURSING
AT ILLINOIS STATE UNIVERSITY**
Graduate Program - Family Nurse Practitioner Sequence


Culminating Clinical Behaviors


The following list, although not all-inclusive, is a compilation of skills, practice areas, or health concerns managed by family nurse practitioners. This instrument will be useful at the beginning and end of each clinical course to focus learning efforts by the student in preceptorships. Please check off topics as encountered.


<input checked="" type="checkbox"/>	I. Medical History – able to obtain complete history of that which is appropriate and applicable for the patient concerned.
	A. Review of pertinent information from chart
	B. Chief complaint & HPI
	C. Past medical history
	D. Family history
	E. Psychosocial history
	F. Review of Systems
	G. Able to record completely, accurately, and concisely
<input checked="" type="checkbox"/>	II. Physical Exam
	A. Able to perform physical exam appropriate to patient needs
	1. Mental status (part of neuro)
	2. Vital signs
	3. Integumentary
	4. HEENT (to include thyroid)
	5. Respiratory system
	6. Cardiovascular system (to include lymphatic system)
	7. Abdomen
	8. Musculoskeletal system
	9. Neurological system
	10. Genito-urinary
	a. breast exam
	b. pelvic exam
	c. hernia check
	d. prostate exam
	e. rectal/anosopic exam
	B. Able to record completely, accurately, and concisely



	III. To provide appropriate evaluation, management/referral, follow-up, and chart documentation for the following:
	A. Integumentary
	1. eczema
	2. psoriasis
	3. contact dermatitis
	4. tinea versicolor pedis, cruris, corpora
	5. nonspecific rash
	6. scabies
	7. pediculosis
	8. alopecia
	9. ingrown nails
	10. acne
	11. abscess
	12. warts
	13. skin cancer
	14. moles
	15. childhood exanthems
	16. cellulitis
	17. liquid nitrogen use
	B. HEENT
	1. Eyes
	a. conjunctivitis
	b. hordeolum/chalazion
	c. iritis
	d. foreign body
	e. corneal abrasion
	f. hay fever
	g. retinal disease
	h. cataract
	i. glaucoma
	j. vascular events
	k. cover/uncover test
	l. strabismus


	
	2. Nose/Sinus
	a. epistaxis
	b. allergic rhinitis
	c. foreign body
	d. sinusitis
	3. Ears
	a. otitis media serous
	b. otitis media infectious
	c. otitis externa
	d. eustachian tube dysfunction
	e. vertigo
	f. ceruminosis
	g. hearing loss
	4. Throat—Mouth
	a. stomatitis
	b. tonsillitis
	c. pharyngitis
	d. mononucleosis
	e. hoarseness
	f. buccal lesions
	g. parotitis
	h. peritonsillar abscess
	i. TMJ syndrome
	5. Neck
	a. adenopathy
	b. thyroid disease
	c. carotid bruit
	C. Respiratory
	1. URI
	2. bronchitis
	3. influenza—flu vaccine
	4. asthma—pediatric & adult
	5. emphysema

	
	6. chronic bronchitis
	7. pneumonia
	8. croup
	9. differential Dx cough
	10. risk factors
	D. Cardiovascular
	1. chest pain
	2. gallop, murmur, bruits, pulses
	3. atrial fibrillation
	4. aortic stenosis
	5. mitral valve prolapse
	6. hypertension
	7. hypercholesterolemia
	8. heart disease risk factors
	9. CAD
	10. arterial insufficiency
	11. venous stasis
	E. Abdomen
	1. gastroenteritis --viral, bacterial, parasitic
	2. differential Dx abdominal pain--pediatrics and adults
	3. GERD
	4. peptic ulcer
	5. irritable bowel syndrome
	6. differential dx--vomiting, diarrhea, constipation
	7. hepatitis
	8. gall bladder
	9. hemorrhoids
	10. GI bleeding--referral/follow-up
	11. acute appendicitis --referral/follow-up
	F. Musculoskeletal
	1. arthritis —OA, RA
	2. sprain
	3. strain

	
	4. back pain
	5. plantar fasciitis
	6. tendonitis
	7. arthralgia
	8. fibromyalgia
	9. rotator cuff
	10. knee pain
	G. Neuro
	1. headache
	2. radicular pain
	3. weakness
	4. MS
	5. carpal tunnel syndrome
	6. fainting/syncope
	7. dizziness
	8. fatigue
	H. Genito-Urinary
	1. urinary track infection
	2. vaginitis
	a. trichomonas
	b. yeast
	c. bacterial vaginosis
	d. nonspecific vaginitis
	e. atrophic vaginitis
	3. sexually transmitted disease
	a. gonorrhea
	b. syphilis
	c. herpes
	d. AIDS/HIV
	e. genital warts
	f. chlamydia
	g. nonspecific urethritis
	4. breast

	
	a. masses
	b. tenderness
	c. breast exam/SBE
	5. annual exam
	6. abnormal pap
	7. contraception visit
	8. prostatitis
	9. epididymitis
	10. gyn abd pain/R/O ectopic referral follow-up
	11. hematologic
	a. anemia
	b. abnormal WBC
	I. Chronic Disease Management
	1. hypertension
	2. chronic stable angina
	3. coronary disease
	4. diabetes mellitus
	5. congestive heart failure
	J. Pediatrics/Prenatal
	1. immunizations
	2. well-child check up/G&D
	3. anticipatory guidance
	4. initial prenatal check up
	5. drugs during pregnancy and breast feeding
	6. follow-up prenatal check ups
	7. prenatal education
	8. post-partum exam
	K. Psych-Mental Health
	1. anxiety
	2. depression
	3. substance abuse/referral
	4. schizophrenia
	L. Health Promotion
	1. exercise

	
	2. stress management
	3. sleep
	4. nutrition
	M. Other
	1. smoking cessation
	2. infections in patient with other chronic illness (ex: diabetes)
	3. unna boot
	4. I&D of routine abscess/lesions
	5. suturing
	N. Lab/Diagnostic Ordering
	1. basic chest x-ray
	2. mammogram
	3. R/O fracture x-ray
	4. basic hematology
	5. basic chemistry
	6. urinalysis
	7. basic bacteriology and virology
	8. UTS
	9. CT
	10. MRI
	11. EKG
	O. Nutrition
	1. basic pyramid
	2. anemia
	3. overweight
	4. diabetes
	5. hypertension
	IV. The following forms, policies, and procedures one should be familiar with by the end of clinical experience.
	1. scheduling of radiologic procedures
	a. mammograms
	b. ultrasound
	c. x-ray

	
	d. CT/MRI
	2. mental health referral
	3. outside referral to support groups--OA, AA, etc.
	4. physical therapy referral
	5. referral to dietitian and health educator
	6. work excuse form
	7. physician referral
	a. within department--urgent and routine
	b. subspecialty--urgent and routine
	8. phone message slips
	a. documentation of patient contact
	b. call back
	9. prescriptions
	a. new and refill
	b. written, phone
	c. protocols
	10. co-sign procedure for charts, lab, x-ray reports
	11. appointment scheduling/changes
	12. chart requests
	13. chart transfer
	14. release of medical information
	15. knowledge of protocols for nursing staff
	16. location of lab, x-ray, pharmacy, referral center, special care center
	17. staffing pattern for department and role of RN, nursing assistant, LPN, receptionist/appointment clerk
	18. insurance forms, including Medicare/Medicaid
	19. Workman's Compensation form