MUS 298.01, Section 001
PP: Music Therapy Practicum
Summer, 2014

Class Information: CW 313 B – 5 2-hour sessions 1st week, then 1 1/2-hour session per week

Instructor: Cindy Ropp, EdD, MT-BC
Office: 309 Centennial West
Phone: 309-438-8803
Cell: 309-826-9183
E-mail: cropp@ilstu.edu
Office Hours: Regular office hours TBA. Alternate times are available by appointment.

Required Materials:
Practicum documents will be provided in class and/or via Blackboard.

It is recommended you have your own guitar with strap and some percussion instruments, including a drum, as departmental supplies are limited.

It is preferred that sessions be videotaped for the Self Reflection assignment. However, if a video camera is unavailable or videotaping is impossible within the practicum site, audiotape will be utilized. Therefore, it might be necessary to have your own recording devices.

A one-inch three-ring notebook with 8 dividers is required for this course. Dividers will be labeled to indicate the following sections: Syllabus/Class Papers, Population Information, Assessment, Treatment Plan, Session Plans, Progress Notes, Self-Reflections, and Observations. The outside of the notebook should be clearly labeled with your name. All weekly assignments will be turned in and returned back to you via this notebook.

Course Objectives:
Students will practically implement the therapeutic process by delivering music therapy services within a clinical training setting. This process includes the following skill areas:

- Assessing current client function
- Identifying needs and goal areas of client(s)
- Developing therapeutic relationships
- Devising a plan for treatment focusing on functional outcomes
- Planning and implementing musical interventions addressing the identified goal areas
- Observing, tracking, and documenting client progress of desired outcomes
- Implementing data collection procedures
- Adapting interventions, goals, and outcomes as needed
- Continuing growth of musical and facilitation skills
Assignments:

Population Information: A population information paper will be written by each student prior to facilitating the first session. The assignment is to be typed and will contain the following elements:

1. Description of the population.
2. Characteristics the client may exhibit.
3. Current effective treatment strategies (both music therapy related and non-music therapy).
4. A list of five possible treatment goals for this clinical population. Include for each goal:
   - The intended therapeutic outcome
   - A rationale or why you feel this goal is important.
   - A treatment objective to address the goal
5. A reference listing of the resources using current APA style. The assignment must include six (6) resources:
   - An association specific website (i.e., The Autism Society of America website)
   - Music therapy source (i.e., music therapy textbook, AMTA fact sheet)
   - Two (2) articles from either the Journal of Music Therapy or Music Therapy Perspectives
   - Two (2) research article from non-music therapy source (i.e., non-music therapy journals or research article chapters in non-music therapy books)

Music Therapy Assessment Tool: Students will be required to complete a music therapy assessment for one target client within the assigned clinical practicum site. The purpose of this assessment will be to determine current levels of functioning in order to identify goal/need areas. A blank assessment tool will be provided.

Treatment Plan: Students will devise a plan for treatment including the following information; summary of assessment data, identified goal areas, desired outcomes, and potential musical interventions used to achieve the identified outcomes. See provided “Treatment Plan Format” document for specific guidelines.

Session Plans: A session plan will be developed prior to the session and will be in the instructor’s box no later than 2 business days prior to the day and time of the clinical assignment. If working with a partner, the session plan will also contain a “Session Plan Overview” coversheet. Late session plans will result in a 0 and possibly an inability to lead the session. See provided “Session Plan Format” document for specific guidelines.
**Progress Notes:** Progress notes will be completed for each delivered session. Progress notes report client data and observations and help lead to future session planning. Progress notes contain mostly objective observations however, there will be a section for student reflection and impressions. Progress notes will be due with the session plan (3 business days in advance). See “Session Plan Format” document for specific guidelines.

**Final Progress Note:** A final progress note will be due at the end of the semester following the final session. This note will present progress, data, and observations for the entire semester reflecting all sessions. This document will include graphs as well as narrative description of data. After approval from the instructor, this document will be forwarded to the site supervisors at the end of the semester. See “Final Progress Note Format” document for specific guidelines. The final progress note will be worth twice the points of a regular progress note.

**Self Reflection:** Two self-reflection experiences will be completed throughout the semester. One will be due mid semester and the second will be due at the end of the semester. After watching a video recording of your session (or possibly audio), write a summary of your observations. Include one paragraph addressing general impressions, one paragraph listing 5 things you observed about yourself you felt were particularly strong, and a third paragraph articulating 3 areas you would like to improve. Some examples of topics to include in this discussion would be:

- Verbal mannerisms
- Repetitive behaviors
- Voice quality
- Facial affect/engagement
- Facilitation skills
- Response to client behaviors
- Use of music for therapeutic purpose
- Musical delivery
- Reinforcement/behavior management

**Observations:** Each student will observe three other student music therapy sessions during the semester and submit a one page written document (one for each observation) summarizing the observation experience. Prior to attending the session, please contact the SMT in order to make arrangements for observing. Additionally, obtain a copy of the session plan from the SMT(s) leading the session prior to observation. Make written comments on the plan prior to observing the session about the plan itself. While observing, add additional written comments related to the delivery of the session. Turn this copy of the session including your written comments in with the one page written summary. Please address the following topics in your paper:

- What were the goals/outcomes of the session?
- Did it seem the goals and outcomes were effectively addressed in the session?
- Describe interventions that were effective and seemed to work well in the session?
- What would you do differently if you were leading the session?
- How might these observations relate to your practicum assignment?

**Remember to record your pre-internship clinical hours for this semester on your Clinical Hours Summary Sheet.**
Evaluation/Class Policies:

90 - 100 A   80 – 89 B  70 – 79 C  60 - 69 D  Below 59 F

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Percentage of Final Grade</th>
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<tbody>
<tr>
<td>Population Information</td>
<td>7.5%</td>
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<tr>
<td>Music Therapy Assessment</td>
<td>7.5%</td>
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<tr>
<td>Treatment Plan</td>
<td>10%</td>
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<tr>
<td>Sessions Plans</td>
<td>20%</td>
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<tr>
<td>Progress Notes</td>
<td>15%</td>
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<tr>
<td>Self Reflections (2)</td>
<td>10%</td>
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<tr>
<td>Observations of others (2)</td>
<td>10%</td>
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<tr>
<td>Evaluation/Observation of Facilitation Skills (4)</td>
<td>20%</td>
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</tbody>
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You must complete all assignments in order to receive credit for this class. All students must receive a grade of “C” or better in this course, as in all music therapy courses, to meet the American Music Therapy Association requirements. In order to pass this course, students must receive a “C” or better in each of the major clinical areas. The major clinical area are: assessment, treatment planning, session planning, progress notes, and facilitation of sessions.

Attendance: Timely attendance for class and all weekly practicum sessions are mandatory. If for some reason you are not able to attend your practicum session, call the ISU supervisor first, then the co-SMT as well as the facility as soon as possible. Practicum absences without proper notification of supervisors could result in failing the course. If you are actively sick and potentially contagious, it is inappropriate for you to deliver music therapy sessions. More than one absence from practicum class may result in lowering the final grade by one letter grade per absence.

Assignments: All assignments must be typed, clearly written and are due at the specified due date. Late assignments will not receive credit and could result in not being able to lead the upcoming practicum session. Students will have one “free pass” for a late assignment.

Professional Dress: Students are expected to dress professionally when leading music therapy practicum sessions. This includes no jeans, cleanliness, appropriate body coverage, and appropriate attire for setting. Specific concerns will be addressed individually if needed.

TB Test: All students will be required to provide documentation of a negative TB test prior to leading the first session. TB testing can be done at Student Health Services.

Background Check: Each student is required to complete a background check prior to leading practicum sessions.

Practicum Supervision Meetings and Final Meeting: Students are required to attend practicum supervision meetings throughout the semester in order to discuss specific feedback from supervisors regarding observations. Additionally, students will be required to meet with the ISU supervisor 1:1 at the end of the semester for a final supervision meeting. This meeting will occur during finals week and students must attend in order to receive credit for this course.
Plagiarism and Academic Honesty: Academic Integrity is expected in all classroom endeavors. Students are expected to be honest in all academic work. A student’s placement of his or her name on any academic exercise shall be regarded as assurance that the work is the result of the student’s own thought, effort, and study. Students who have questions regarding issues of academic dishonesty should refer to the University regulation which outlines unacceptable behaviors in academic matters. It is the student's and faculty's responsibility to uphold the principles of Academic Integrity. Academic Integrity is an important part of this University and this course. Academic Integrity is required of you the student and myself as the instructor. Academic Integrity should be used in preparation of this course, in class time, regarding exams, and with regard to written assignments. In certain circumstances (such as cheating or plagiarism) faculty may be required to refer a student(s) to Community Rights & Responsibilities for a violation of Illinois State University's Code of Student Conduct.

The staff of Disability Concerns, 350 Fell Hall, (309) 438-5853 (Voice) and (309) 438-5853 (TTY), coordinates accommodations and services for ISU students. If you have a disability for which you may request accommodations in ISU classes and have not contacted them, please do as soon as possible. Please also see Andrea Crimmins, the instructor, privately in regard to this course.
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<thead>
<tr>
<th>Date</th>
<th>Topics</th>
<th>Assignment Due</th>
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<tbody>
<tr>
<td>Mon 5/12/13</td>
<td>Class Orientation/Therapeutic Process Review</td>
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<td>Music Skills Assessment</td>
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<td>Tue 5/13/13</td>
<td>Treatment Plan</td>
<td>Population Paper/Assessment</td>
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<td>Session Planning/Writing Outcomes and Goals</td>
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<td>Session Planning</td>
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<td>Wed 5/14/13</td>
<td>Tracking Data/Measuring Outcomes</td>
<td>Assessment Form</td>
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<td>Thurs 5/15/13</td>
<td>Session Facilitation Skills</td>
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<td>Transitions</td>
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<td>Fri 5/16/13</td>
<td>Final Prep for Practicum Sessions</td>
<td>Assessment Completed Treatment Plan Session Plan 1</td>
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<td>Tues 5/20/13</td>
<td>Begin sessions</td>
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<td>Session notes/progress notes due 2 days prior to implementation.</td>
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<td>Modifying Outcomes/Goals</td>
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<td>Tues 5/27/13</td>
<td>Group Supervision</td>
<td>Self Reflection 1 Treatment Plan Observation 1</td>
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<td>Tues 6/3/13</td>
<td>Group Supervision</td>
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<td>Tues 6/10/13</td>
<td>Group Supervision</td>
<td>Observation 2</td>
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<td>Tues 6/17/13</td>
<td>Group Supervision Last Class/Wrap-up</td>
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<tr>
<td>Mon 6/23/13</td>
<td>Notebooks due by 12:00 PM in the “Out” drawer. Notebooks will contain all graded assignments as well as the Final Progress Note and last Self Reflection.</td>
<td>Observation 3 Final Progress Note and Self Reflection 2</td>
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